

## The biggest fair for senior citizens was held at Hitex

THE HANS INDIA | Dec 17, 2018 , 05:05 AM IST



*The biggest fair for senior citizens was held at Hitex*

**Hyderabad:** UNMUKT Festival, India's First and the biggest lifestyle solutions show for Senior Citizens, was held at Hitex on Saturday and Sunday. Monimita Sarkar, the founder of Unmukt Festival said this unique festival was expected to have drawn a participation of 8000 elders in two days. The exhibition featured 60 stalls. Some of these include solution providers from the Health & Wellness, Senior Housing, Home Health Care, Finance & Legal, Technology and Lifestyle segments, both from the corporate and NGO sectors. The festival also hosted 35 workshops, panel discussions, and demos. All these were availed of free of cost.

Google conducted a series of workshops on online safety for Seniors both in English and Telugu. Dr KR Gangadharan, Chairman, Heritage Foundation & Former President of Intl Federation on Ageing, gave an "Overview of Senior Care in India." Sixty years is not the old age. Indians get old when they become 60, but other countries talk about it only when they reach 80years said Dr K R Gangadharan, Chairman, Heritage Foundation quoting finding of study conducted by London School of Economics. Ageing is not a burden. It is the best period of a person as he can do, pursue whatever he or she wants without any responsibility of the family, he said.